



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

100 mg/50 mg/75 mg and 75 mg oral granules
80 mg/40 mg/60 mg and 59.5 mg oral granules

THE TRILANDIA

TRIO

& the Musical Playground



Read this story with your loved one to get into
the groove of their TRIKAFTA® routine

What is TRIKAFTA (elexacaftor/ tezacaftor/ivacaftor and ivacaftor)?

TRIKAFTA is a prescription medicine used for the treatment of cystic fibrosis (CF) in patients aged 2 years and older who have at least one copy of the F508del mutation in the cystic fibrosis transmembrane conductance regulator (CFTR) gene or another mutation that is responsive to treatment with TRIKAFTA.

Talk to your doctor to learn if you have an indicated CF gene mutation.

It is not known if TRIKAFTA is safe and effective in children under 2 years of age.

IMPORTANT SAFETY INFORMATION

Before taking TRIKAFTA, tell your doctor about all of your medical conditions, including if you:

- are allergic to TRIKAFTA or any ingredients in TRIKAFTA. See the Patient Information for a list of ingredients
- have kidney problems
- have or have had liver problems
- are pregnant or plan to become pregnant. It is not known if TRIKAFTA will harm your unborn baby. You and your doctor should decide if you will take TRIKAFTA while you are pregnant
- are breastfeeding or planning to breastfeed. It is not known if TRIKAFTA passes into your breast milk. You and your doctor should decide if you will take TRIKAFTA while you are breastfeeding

Please see [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)



Dr. Lori

A note for caregivers

This book is for caregivers of children with cystic fibrosis (CF) age 2 through 5 years with certain mutations who have been prescribed TRIKAFTA® by their healthcare provider.

Read it together to help your loved one become more involved in their treatment routine, and find the link at the end to hear the Trilandia Trio perform!



For details on giving TRIKAFTA to your loved one, visit [HowToTakeTRIKAFTA.com](https://www.howtotakeTrikafta.com).

IMPORTANT SAFETY INFORMATION (Continued)

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

TRIKAFTA may affect the way other medicines work, and other medicines may affect how TRIKAFTA works. The dose of TRIKAFTA may need to be adjusted when taken with certain medicines. Ask your doctor or pharmacist for a list of these medicines if you are not sure.

Please see [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).



(elexacaftor/tezacaftor/ivacaftor and ivacaftor)



Age 2
Has CF
Taking TRIKAFTA®



Age 5
Has CF
Taking TRIKAFTA



Age 4
Doesn't have CF
Supportive brother

Now that you've met the Trio,
let's start the story!



Pepita
The Trio's puppy pal

IMPORTANT SAFETY INFORMATION (Continued)

Tell your doctor about all the medicines you take (continued).

Especially tell your doctor if you take:

- antibiotics such as rifampin (RIFAMATE®, RIFATER®) or rifabutin (MYCOBUTIN®)
- seizure medicines such as phenobarbital, carbamazepine (TEGRETOL®, CARBATROL®, EQUETRO®), or phenytoin (DILANTIN®, PHENYTEK®)
- St. John's wort

Please see [Important Safety Information and full Prescribing Information, including Patient Information.](#)



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

The Trilandia Trio were all
playing with their toys.

**HAVING TONS OF FUN AND
MAKING LOTS
OF NOISE.**



Please see [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

Then Dr. Lori called
to share **some wonderful news**

About a CF medicine
for certain kids as young as two.



“It’s right for Lex and Ivy, based upon their genes.”
Then they told the children—
oh, what a happy scene!



IMPORTANT SAFETY INFORMATION (Continued)

Tell your doctor about all the medicines you take (continued).

Especially tell your doctor if you take (continued):

- antifungal medicines including ketoconazole, itraconazole (such as SPORANOX[®]), posaconazole (such as NOXAFIL[®]), voriconazole (such as VFEND[®]), or fluconazole (such as DIFLUCAN[®])
- antibiotics including telithromycin, clarithromycin (such as BIAXIN[®]), or erythromycin (such as ERY-TAB[®])

Please see [Important Safety Information and full Prescribing Information, including Patient Information.](#)



(elexacaftor/tezacaftor/ivacaftor and ivacaftor)

“It’s time to celebrate!” said Dad.
“Let’s head on **down the slide**.”

Some really fun things for you to see are on the other side.”

Welcome



“A fantastic bridge and an incredible castle, too,

With **lessons about TRIKAFTA**, especially for you.”

IMPORTANT SAFETY INFORMATION (Continued)

What should I avoid while taking TRIKAFTA®?

- Avoid food or drink that contains grapefruit while you are taking TRIKAFTA

Please see [Important Safety Information and full Prescribing Information, including Patient Information.](#)



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)



They flew down the chute,
so shiny, golden, and round.

And at the other end
was no ordinary playground.

IMPORTANT SAFETY INFORMATION (Continued)

What are the possible side effects of TRIKAFTA®?

TRIKAFTA can cause serious side effects, including:

- **Liver damage and worsening of liver function** in people with severe liver disease that can be serious and may require transplantation. Liver damage has also happened in people without liver disease

Please see [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

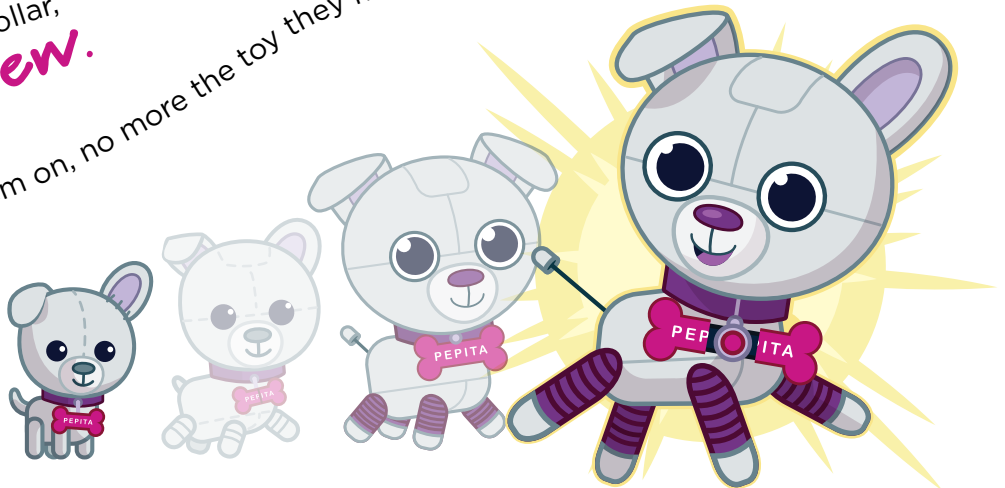
The scene was astounding—
they couldn't believe their eyes.

It was full of musical instruments,
all giant in size.



The kids pulled on Pepita's collar,
and suddenly she grew.

A **full-sized pup** to cheer them on, no more the toy they knew.



Please see [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

Then Mom and Dad sat on a bench
and told their kids the plan.

“Make some music, play around,
and **learn all that you can.**”



IMPORTANT SAFETY INFORMATION (Continued)

What are the possible side effects of TRIKAFTA® (continued)?

TRIKAFTA can cause serious side effects, including (continued):

- **High liver enzymes in the blood**, which is a common side effect in people treated with TRIKAFTA. These can be serious and may be a sign of liver injury. Your doctor will do blood tests to check your liver:
 - before you start TRIKAFTA
 - every 3 months during your first year of taking TRIKAFTA
 - every year while you are taking TRIKAFTA

Your doctor may do blood tests to check the liver more often if you have had high liver enzymes in your blood in the past.

Please see [Important Safety Information and full Prescribing Information, including Patient Information.](#)



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

Ivy stood atop the bridge
with **giant black and white keys**.
“Looks hard to get across,” she thought.

**"I'M SHAKING
AT THE KNEES!"**



IMPORTANT SAFETY INFORMATION (Continued)

What are the possible side effects of TRIKAFTA® (continued)?

Call your doctor right away if you have any of the following symptoms of liver problems:

- pain or discomfort in the upper right stomach (abdominal) area
- loss of appetite
- yellowing of your skin or the white part of your eyes
- nausea or vomiting
- dark, amber-colored urine

Please see [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

But as she pressed ahead,
Mom and Dad showed their support.

When she made it to the other side,
the journey seemed quite short.



So when it comes to treatment time,
it helps to understand

The ones you love are always here
to **lend a helping hand.**

Please see [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

As Zac got on the seesaw,
it screeched down to one side.

But after that **it wouldn't budge**,
however hard he tried.



IMPORTANT SAFETY INFORMATION (Continued)

What are the possible side effects of TRIKAFTA® (continued)?

TRIKAFTA can cause serious side effects, including (continued):

- **Serious allergic reactions** have happened to people who are treated with TRIKAFTA. Call your healthcare provider or go to the emergency room right away if you have any symptoms of an allergic reaction. Symptoms of an allergic reaction may include:
 - rash or hives
 - swelling of the face, lips, and/or tongue, or difficulty swallowing
 - tightness of the chest or throat or difficulty breathing
 - light-headedness or dizziness

Please see [Important Safety Information and full Prescribing Information, including Patient Information.](#)



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

Ivy came along to help,
then Mom, Dad, and his brother.

“Let’s sit together,” said Zac,
“we’ll **balance out each other.**”



Through **life’s ups and downs**, you can always stay on track
When you work in harmony,
like Ivy, Lex, and Zac.



Please see [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

Lex played in the sandbox,
whacking buckets with his sticks.

**BUT THE
CRASHES AND BANGS
WERE OUT OF TIME AND DIDN'T MIX.**



Pepita helped him line things up,
to get them more in sync.

**IT TURNED INTO A FUNKY BEAT
WITH EVERY THUMP
AND CLINK.**

IMPORTANT SAFETY INFORMATION (Continued)

What are the possible side effects of TRIKAFTA® (continued)?

TRIKAFTA can cause serious side effects, including (continued):

- **Abnormality of the eye lens (cataract)**, which has happened in some children and adolescents treated with TRIKAFTA. If you are a child or adolescent, your doctor should perform eye examinations before and during treatment with TRIKAFTA to look for cataracts

Please see Important Safety Information and full Prescribing Information, including Patient Information.



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

The same goes for your treatment—
you have to find your groove.

It helps to set up a routine—
see what works for you!



Please see [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).

Now that the Trio has learned a thing or two,
it's time to put it all together—assemble the crew!

They jumped up on stage to play their new hit song.
So **why not join in?** It's fun to sing along!



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

♪ “In Tri-, Tri-, Tri-, Trilandia, let’s all clap as we sing!
In Tri-, Tri-, Tri-, Trilandia, treatment time, that’s the thing!” ♪



IMPORTANT SAFETY INFORMATION (Continued)

What are the possible side effects of TRIKAFTA® (continued)?

The most common side effects of TRIKAFTA include:

- o headache
- o upper respiratory tract infection (common cold) including stuffy and runny nose
- o stomach (abdominal) pain
- o diarrhea
- o rash
- o increase in liver enzymes
- o increase in a certain blood enzyme called creatine phosphokinase
- o flu (influenza)
- o inflamed sinuses
- o increase in blood bilirubin

Please see Important Safety Information and full Prescribing Information, including Patient Information.



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

After their adventures,
the Trio had returned

Just in time for dinner,
to **share what they had learned.**

*Support, teamwork, and rhythm—
they really are the key.*

That's what makes the **routine sing**
for li'l Lex and Ivy.



IMPORTANT SAFETY INFORMATION (Continued)

What are the possible side effects of TRIKAFTA® (continued)?

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of TRIKAFTA. For more information, ask your doctor or pharmacist. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Please see Important Safety Information and full Prescribing Information, including Patient Information.



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)



IMPORTANT SAFETY INFORMATION



What should I tell my doctor about my medical conditions before starting TRIKAFTA®?

Before taking TRIKAFTA, tell your doctor about all of your medical conditions, including if you:



are allergic to TRIKAFTA or any ingredients in TRIKAFTA. See the Patient Information for a list of ingredients



have kidney problems



have or have had liver problems



are pregnant or plan to become pregnant. It is not known if TRIKAFTA will harm your unborn baby. You and your doctor should decide if you will take TRIKAFTA while you are pregnant



are breastfeeding or planning to breastfeed. It is not known if TRIKAFTA passes into your breast milk. You and your doctor should decide if you will take TRIKAFTA while you are breastfeeding



Please see additional [Important Safety Information](#) and [full Prescribing Information](#), including [Patient Information](#).





(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)



IMPORTANT SAFETY INFORMATION (Continued)

Are there any other medicines that may interact with TRIKAFTA®?



Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

TRIKAFTA may affect the way other medicines work, and other medicines may affect how TRIKAFTA works. The dose of TRIKAFTA may need to be adjusted when taken with certain medicines. Ask your doctor or pharmacist for a list of these medicines if you are not sure.



Especially tell your doctor if you take:

- antibiotics such as rifampin (RIFAMATE®, RIFATER®) or rifabutin (MYCOBUTIN®)
- seizure medicines such as phenobarbital, carbamazepine (TEGRETOL®, CARBATROL®, EQUETRO®), or phenytoin (DILANTIN®, PHENYTEK®)
- St. John's wort
- antifungal medicines including ketoconazole, itraconazole (such as SPORANOX®), posaconazole (such as NOXAFIL®), voriconazole (such as VFEND®), or fluconazole (such as DIFLUCAN®)
- antibiotics including telithromycin, clarithromycin (such as BIAXIN®), or erythromycin (such as ERY-TAB®)



Please see additional [Important Safety Information](#) and full [Prescribing Information](#), including [Patient Information](#).



(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)



IMPORTANT SAFETY INFORMATION (Continued)



What should I avoid while taking TRIKAFTA®?

- Avoid food or drink that contains grapefruit while you are taking TRIKAFTA



What are the possible side effects of TRIKAFTA?

TRIKAFTA can cause serious side effects, including:

- **Liver damage and worsening of liver function** in people with severe liver disease that can be serious and may require transplantation. Liver damage has also happened in people without liver disease
- **High liver enzymes in the blood**, which is a common side effect in people treated with TRIKAFTA. These can be serious and may be a sign of liver injury. Your doctor will do blood tests to check your liver:
 - before you start TRIKAFTA
 - every 3 months during your first year of taking TRIKAFTA
 - every year while you are taking TRIKAFTA

Your doctor may do blood tests to check the liver more often if you have had high liver enzymes in your blood in the past.

Call your doctor right away if you have any of the following symptoms of liver problems:

- pain or discomfort in the upper right stomach (abdominal) area
- loss of appetite
- nausea or vomiting
- yellowing of your skin or the white part of your eyes
- dark, amber-colored urine
- **Serious allergic reactions** have happened to people who are treated with TRIKAFTA. Call your healthcare provider or go to the emergency room right away if you have any symptoms of an allergic reaction. Symptoms of an allergic reaction may include:
 - rash or hives
 - swelling of the face, lips, and/or tongue, or difficulty swallowing
 - tightness of the chest or throat or difficulty breathing
 - light-headedness or dizziness
- **Abnormality of the eye lens (cataract)**, which has happened in some children and adolescents treated with TRIKAFTA. If you are a child or adolescent, your doctor should perform eye examinations before and during treatment with TRIKAFTA to look for cataracts





(elexacaftor/tezacaftor/ivacaftor
and ivacaftor)

IMPORTANT SAFETY INFORMATION (Continued)



What were the most common side effects seen with TRIKAFTA®?

The most common side effects of TRIKAFTA include:

- headache
- upper respiratory tract infection (common cold) including stuffy and runny nose
- stomach (abdominal) pain
- diarrhea
- rash
- increase in liver enzymes
- increase in a certain blood enzyme called creatine phosphokinase
- flu (influenza)
- inflamed sinuses
- increase in blood bilirubin

Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of TRIKAFTA. For more information, ask your doctor or pharmacist. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.



Please see [additional Important Safety Information](#) and [full Prescribing Information, including Patient Information](#).



TRIKAFTA is manufactured for Vertex Pharmaceuticals Incorporated.
TRIKAFTA, the TRIKAFTA logo, Vertex, and the Vertex triangle logo are registered trademarks of Vertex Pharmaceuticals Incorporated.
All other trademarks referenced herein are the properties of their respective owners.
© 2023 Vertex Pharmaceuticals Incorporated | VXR-US-28-2300012 (v2.0) | 08/2023